Coronavirus Disease 2019

Ohio

Department of Health

COVID-19 Checklist for Stay At Home Order Extension

Protecting Against COVID-19

Thank you for listening to our pleas. Thank you for hanging in there. Thank you for making really tough decisions and gut-wrenching choices. The sacrifices you are making are saving lives.

Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that Ohioans are aware of the following regarding the Stay At Home Order Extension that was issued on April 2 through May 1 at 11:59 p.m. under the direction of Governor Mike DeWine.



The Stay At Home Order, which was originally issued on March 22 set to expire on April 6, has been extended through May 1 at 11:59 p.m.

- a. The original Stay At Home Order is available at <u>https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home/public-health-orders/directors-order-to-stay-at-home</u>.
- b. This extension is necessary and will save lives.



A dispute resolution board will evaluate and render guidance in situations where two local health departments have come to a different conclusion for similar businesses on what is or is not an essential business.

Retail stores, including big box stores and groceries, should determine and enforce a maximum number of customers allowed in the store at one time. These businesses must ensure that people waiting to enter the stores must maintain safe social distancing.



With the exception of healthcare workers, public health workers, public safety workers, transportation workers, and designated essential workers, all travelers arriving to Ohio are instructed to voluntarily self-quarantine for 14 days. This does not apply to persons who as part of their normal life live in one state and work or gain essential services in another state. Visitors are instructed not to travel to Ohio if they are displaying symptoms.



Wedding ceremonies are permitted; however, wedding receptions are limited to no more than 10 people.



Campgrounds are closed with the exception of when a campground serves as a person's permanent residence and is unable to secure safe alternative housing.



Public swimming pools and swimming pools at private clubs are closed to prevent transmission of COVID-19.

- a. This does not apply to private residential pools.
- b. Pools at condominium complexes should be closed and covered.



Garden centers may remain open. These retail locations should determine and enforce a reduced capacity to keep customers and employees safe.



To keep children safe, residential and day camps are closed.



Organized youth and adult sports are prohibited, but you can still play sports in a park or yard.



Fishing may continue, but events like the Walleye Run in northwest Ohio are covered by the earlier mass gatherings order and people should observe proper social distancing and not congregate together. While fishing is an important activity in Ohio, we are in unprecedented time and we need to really ask ourselves if this year's fishing trip necessary.

For additional information, visit <u>coronavirus.ohio.gov</u>.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword "4HOPE" to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

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Protect yourself and others from COVID-19 by taking these precautions.

PREVENTION

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.





STAY HOME

PRACTICE SOCIAL DISTANCING



GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



DRY HANDS WITH A CLEAN TOWEL ORAIR DRY YOUR HANDS



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



PRACTICE GOOD HYGIENE HABITS