Coronavirus Disease 2019



COVID-19 Checklist for Supporting Local Businesses Responding to COVID-19

Ohio Governor Mike DeWine and Lt. Governor Jon Husted have launched a new "Ohio. Find It Here." campaign to help residents support businesses during the COVID-19 pandemic.

Visit Support Local Ohio to find:

	Links to local restaurants and retailers you can support by ordering delivery or carryout, making online purchases, or buying gift cards.
V	Examples of innovation and heroism happening across Ohio.
	Virtual reality tours for thrill-seekers, nature lovers, art and culture enthusiasts, and families.
	A place to have your business featured.
	Links to "Ohio. Find It Here." social media channels, where you can share photos and vlogs. Use #InThisTogetherOhio and #SupportLocalOhio.

For additional information, visit <u>coronavirus.ohio.gov</u>.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword "4HOPE" to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

Protect yourself and others from COVID-19 by taking these precautions.

PREVENTION

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME



PRACTICE SOCIAL DISTANCING



GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



DRY HANDS WITH A CLEAN TOWEL ORAIR DRY YOUR HANDS



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



PRACTICE GOOD HYGIENE HABITS